



Squadron Development Program

Program Conditions, Athlete Code of Conduct & Selection Criteria



2018 - 2019 Program Conditions

1. The Squadron Development Program (SDP) runs from March 2018 to February 2019.
2. All SDP participants shall:
 - Attend all lectures, briefings and debriefings.
 - Attend all training and racing days as set out in the program unless released by the Program Coach.
 - All participants must wear a clean SDP uniform while training at the club or participating in regattas
 - All participants must be punctual. Participants who are late or slowing the program's schedule will be released.
3. All SDP participants must honour the Squadron's Rules and Regulations, most importantly the behaviour and dress standards of the club whilst in or around the club grounds and at regattas.
4. Participants under the age of 18 years of age should be aware that ALL communication regarding the program, including issues relating to a participant's performance shall be shared with the participant's parent or legal guardians.
5. Participants over the age of 18 years are considered adults and therefore solely responsible for their performance in the program. All communication with club and program management is the sole responsibility of the participant. Should issues relating to a participant's performance arise the Program Coach will NOT communicate with anyone other than program participant.
6. All program participants should be aware they commit to participate as an individual and not as part of a team. Each participant shall be selected on his/her individual performance not their performance as part of a team.
7. The club's Elliott 7 keelboats and RIBs do not go on the water unless authorised by the Program Coach or the club Training Manager. To finalise usage, they will need to be booked via the online booking form on the RSYS webpage.
8. The club's Elliott 7 keelboats and RIB's do not go on the water without all crew wearing life jackets (PFDs). Any participant failing to wear a life jacket (PFD) will be immediately removed from the water.
9. SDP participants shall maintain their allocated boats and equipment under the guidance of the Program Coach to the highest possible standard on behalf of the club. The helmsman for the day is required to complete an online Elliott 7 Maintenance Report after every sailing session, and the entire crew is responsible for ensuring small maintenance tasks are completed.
10. Deliberate and malicious damage of club equipment will not be tolerated. The club follows a zero-tolerance policy with regards to deliberate and malicious damage of club equipment. Participants found to be responsible for deliberate or malicious damage to club equipment will be solely financially responsible for repairs or replacement of equipment.
11. SDP participants SHALL NOT;
 - put permanent marks on the Elliott 7s.
 - replace any gear or fittings with personal equipment.
 - alter mast rake or rig tensions in any way.
 - leave personal sailing gear e.g. lifejackets, drink bottles and rubbish on the boats.
 - cut any ropes or cords.
 - alter or repair any sails.
 - move or remove any fittings.

- make any repairs to hull, keel or rudder.
12. All SDP participants shall become members of the RSYS, membership procedures will be explained and application forms can be obtained from the RSYS membership administrator Michelle Baeza on phone: 9017 0157.
 13. All SDP participants shall pay their program subscription fees before the commencement of the program unless by prior agreement with the coach or Training Manager.
 14. The RSYS reserves the right at its absolute discretion to suspend or remove any participant of the SDP for failing to comply with any of the program conditions.

2018 – 2019 Athlete Code of Conduct

As a participant in the Squadron Development Program (SDP) I will participate and train in accordance with the following code of conduct:

1. Respect the rights, dignity and worth of fellow athletes, coaches, officials and spectators.
2. Refrain from conduct which could be regarded as harassment towards fellow athletes and coaches.
3. Respect the talent, potential and development of fellow Squad athletes and competitors.
4. Care and respect the equipment provided and facilities made available to me as part of the program.
5. Be frank and honest with the Program Coach concerning illness, injury, my ability to train and compete within the program conditions.
6. Conduct myself in a professional manner relating to language, respect, temper and punctuality.
7. Maintain high personal behaviour standards at all times as a representative of The Royal Sydney Yacht Squadron and abide by and uphold the club values.
8. Abide by the rules of the sport and respect the decision/s of the Program Coach, the Club, its committees, umpires & judges.
9. Be honest in my attitude and preparation to training. Work as hard for myself as I do for the program and group.
10. Maintaining a high level of behaviour that will not bring the Royal Sydney Yacht Squadron, The Senior Development Program or the staff, squad and club members into disrepute.
11. At all times aiming to take care of the environment and the area that we sail and participate in both local and international events and trainings.

2018 – 2019 Event Selection Criteria

There are a number of key factors considered when selecting sailors for representative teams.

All participants should be aware that selection for any regatta or event is not automatic. Current performance in training takes precedence over past results and endeavours. The program coach will and sailing office will be responsible for selecting representative teams based around an individual athlete's commitment, skills and training efforts. The club and/or coach may elect not to send a team to a regatta should the training and development of the Squad not be up to a standard expected by the club.

The selection criteria considered when selecting an athlete for a regatta is as follows:

1. Current performance in relation to training, physical conditioning levels and meeting personal training goals.
2. Demonstrate a good understanding of training techniques learnt during the program and the ability to apply these to training and regattas as outlined by the Program Coach.
3. Demonstrate strong personal attributes including excellent sporting behaviours, strong work ethic, co-operation, enthusiasm, teamwork, integrity and leadership to self, teammates, competitors and officials

4. Attend on & off-water training sessions in accordance with the program conditions.
5. A clear understanding that selected members may be required to help, volunteer or contribute to the club because of the club's ongoing support in relation to the program. – appendix A
6. Sailors must be prepared to transition into any role on the boat without hesitation or dispute.
7. Demonstrate a willingness to conduct alternative training in other boats.
8. Demonstrate a suitable level of fitness, wellbeing and weight control as per agreed personal goals.
9. Participants / athletes are aware that the Program Coach or Program Management may at its discretion select any sailor for a representative team should it enhance the overall experience and performance of a team.

Acknowledgement of Conditions, Indemnity / Parental Consent

- I am aware of the inherent risk involved in sailing & I hereby release the Royal Sydney Yacht Squadron, and any representatives thereof, from any claim or demand that I may have or deem myself to have on my behalf arising out of the Squadron Development Program. I indemnify the Royal Sydney Yacht Squadron and any representatives thereof against any claim that may be made.
- RSYS reserves the right to select or remove any person from its programs or representative teams at any time.
- RSYS coaches reserve the right to exclude an athlete from an activity or regatta if the consumption of alcohol is determined to impede training or their racing ability.
- RSYS, the program Coach and committees will not entertain requests for selection by sailors or their representatives. Requests for information from clubs, parents or individual sailors seeking comparisons between selected and non-selected sailors will not be entertained at any time.
- All funding is determined by the Royal Sydney Yacht Squadron Foundation and Trustees and they reserve the right to increase or decrease the funding available without notice to sailors.
- The Royal Sydney Yacht Squadron Sailing is governed, as are all sports, by the Australian Sports Anti-Doping Drug Authority (ASADA). Abuse of these regulations set forth by this governing body will be automatic expulsion from program.
- I authorise a Squadron Representatives to seek appropriate medical assistance as required in an emergency.

Participant Undertaking

I, _____ (print full name) agree to be bound by the above conditions, Athlete Code of Conduct and Selection Criteria whilst a member of the Squadron Development Program and acknowledge that I have read and agree to the above conditions, indemnity and release.

Signature: _____ Date: ____ / ____ / ____

Parent/ Guardian Consent for Participants under 18 y.o.

I, _____ (print full name) being the parent / guardian of the above named confirm that I have read the above conditions, Athlete Code of Conduct and Selection Criteria of the Squadron Development Program and agree to the above conditions, indemnity and release of those named.

Signature: _____ Date: ____ / ____ / ____