

APPENDIX 7 – ON-WATER EMERGENCY PROCEDURES

Always check for further danger to yourself, your crew and then the injured competitor. Never rush into an unknown scene or incident until you are fully aware of all dangers.

- Immediately call emergency services on '000' if;
 - o The incident is serious such as potential loss of life or serious injury.
 - o A vessel is seriously disabled or damaged and at risk of causing harm to people.
 - o Or you are having difficulty retrieving a MOB (man over board)
- If in doubt about the severity of an injury or an incident call '000' first! Time spent delaying to call emergency services could have saved someone's life!
- Always look for the closest access point for an ambulance. In many cases RSYS may not be the closest location for an ambulance to access a patient. As well as RSYS (Kirribilli) NSW Police have suggested the following wharfs as suitable access points for ambulance services ;
 - o Manly Wharf
 - o Rose Bay Wharf
 - o Man of War Steps Wharf
 - o Balmain
- Always stand-by a vessel in need of assistance until they have confirmed your assistance is no longer required.
- For a major incident which is not life threatening call Marine Rescue NSW on VHF channel 16.
- For less serious incidents such as minor injuries, or minor damage please contact the Race Officer of the day (**VHF 73 & VHF 74**) and advise them of your situation. The Race Officer will notify the Sailing Office who will coordinate any required shore based actions. **NB** - Competitors should be aware that committee vessels and race officers are not equipped to facilitate emergency response or rescue efforts. They will make every effort to assist in any incident however emergency services remain the safest and most reliable emergency response for an on-water incident.
- After making contact with the Race Officer wait for their response. The Race Officer will contact you and advise you of the action taken and the action required by you to be taken. If you cannot contact the Race Officer, then try either the Sailing Office (9017 0152) or the House Duty Manager (9955 7171).
- Do NOT discuss any emergency situation with the public, media or the family. The RSYS Emergency Management Team or delegate will deal with all enquiries.
- Always remain calm in an emergency. Panic will only lead to worsening an emergency. If you need to, stop and take a few breaths before you approach a scene.

Important Contact Numbers

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| o | NSW Ambulance, Police & Fire | 000 |
| o | NSW Marine Rescue | VHF16 or by calling 02 9450 2468 |
| o | Race Committee/ Race Officer | VHF 73 or VHF 74 |
| o | Royal Sydney Yacht Squadron | 02 9017 0152 or 02 9955 7171 |

SUGGESTED AMBULANCE DROP OFF LOCATIONS

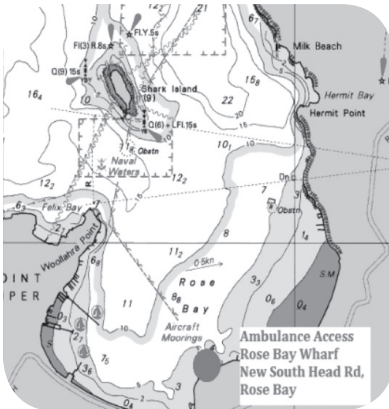
RSYS, Kirribilli & Man O'War Steps, Sydney



Manly Wharf



Rose Bay Wharf



Balmain Wharf



Important Notes

- The above suggested ambulance drop off locations are suggestions only. A skipper must always make a decision based on the severity of an incident and information available to him/ her. There may always be a location closer and more appropriate to the incident.
- If in doubt about the severity of an injury or an incident call '000' first! Time spent delaying to call emergency services could have saved someone's life!
- Always stand-by a vessel in need of assistance until they have confirmed your assistance is no longer required.